

Thanks for coming to support me today. As my friends and I play I want you to remember a few things:

Please congratulate and applaud both teams and keep your voice down.

I am here to have fun. Please encourage me and applaud all the players, no matter who we play for.

You are here representing me: please do not embarrass me by being negative, shouting or swearing.

Please do not stand too close to the pitch as this can distract me from my game and I cannot concentrate properly.

The Referees are also young so please do not question their decisions, our coaches will give me help if needed.

Please do not coach me from the side, my coach is here to teach me and too many instructions confuse me.

I think doing my best and learning to play is more important than winning. There will be no scores recorded so don't ask me the score but ask me if I have had fun.

Praise me for good skills, discipline, sportsmanship and effort; these are the things that make me a winner.

Do not criticize my mistakes, I will be scared to try things again. Mistakes will make me a better player because I can learn from them.

Please do challenge in a polite way any spectators who behave badly and in the wrong way. Tell them that we do not want negative behaviour.

I hope to make you proud of me – please make me proud of you.